

# For Your One-Day Surgery Stay

## Before your surgery...

- \_\_\_\_\_ Complete the forms your doctor gave you and take them to the Registration desk so you will be pre-registered.
- \_\_\_\_\_ Complete all required pre-surgical tests.
- \_\_\_\_\_ Make a list of questions so you don't forget to ask them.
- \_\_\_\_\_ Make a list of medications you are currently taking and bring it with you to the Hospital.
- \_\_\_\_\_ Arrange for a babysitter for your children and a friend to stay overnight with you if you live alone.
- \_\_\_\_\_ Arrange for transportation to and from the Hospital by having your spouse, a friend, or relative drive you to the Hospital and home afterward.

## The day before your surgery...

- \_\_\_\_\_ Call your doctor if you have a cold or elevated temperature.
- \_\_\_\_\_ Pack your list of questions and list of medications.
- \_\_\_\_\_ Call your surgeon's office for the time you should arrive.
- \_\_\_\_\_ Bathe or shower using an antibacterial soap.
- \_\_\_\_\_ Do not eat or drink after midnight unless instructed otherwise by your physician.

## The day of your surgery...

- \_\_\_\_\_ Bathe or shower using an antibacterial soap.
- \_\_\_\_\_ Wear loose-fitting clothes.
- \_\_\_\_\_ Leave home in time to arrive at the Hospital by the prearranged time.
- \_\_\_\_\_ If you were given a green bracelet, please bring it with you.
- \_\_\_\_\_ You will be required to remove underwear, jewelry and piercings, contacts, dentures, hearing aids and prosthesis prior to surgery.
- \_\_\_\_\_ Ask any questions on your list.
- \_\_\_\_\_ Relax and let ODS personnel take care of you.