

# Hello, Baby!

## MIDWIFE TEAM OFFERS KNOWLEDGEABLE PREGNANCY AND LABOR SUPPORT

As Amy Tull prepared for the births of her three children, she had a lot of questions for the midwives at OB/GYN of Evangelical in Lewisburg. She says the depth of wisdom and experience each had to offer was impressive. “The midwives are very knowledgeable, personable, and caring,” she explains. “They understand mothers and never made me feel bad for asking a question.”

After getting to know the midwife team during routine prenatal visits for her son Landon, now 5 years old, Tull requested their assistance during labor for daughters Lilia, now 22 months old, and Lydia, born on June 30. She chose to have no pain medication or epidural, and the midwife on call, Amie Kennedy, CNM, helped her find relief and comfort.

“Labor is such a personal experience, and I felt at ease and natural with a midwife,” Tull says. “Amie was calming, soothing, and supportive, and all of the midwives are respectful of the mothers’ decisions. That helped me feel that I had some control.”

It helped that each of Tull’s births was at Evangelical Community Hospital’s The Family Place, she adds. “It’s a wonderful place to have a baby. I didn’t want to go anywhere else.”

At OB/GYN of Evangelical, expectant mothers can count on pregnancy and birth support from a team of medical experts, including experienced, certified nurse midwives. These professionals are trained to help women maintain healthy pregnancies, and have optimal births and postpartum recoveries. During the labor experience, while midwives may use devices such as fetal monitors, they generally rely less on technology and more on their clinical experiences to support the mother.

### BABY BASICS

To meet the OB/GYN of Evangelical team of midwives, call **570-523-8700**.

Amie Kennedy, CNM, (far left) helped Amy Tull (center) find relief and comfort during labor. Tull’s children are (left to right) Lilia, 22 months old, Lydia, 4 months old, and Landon, 5 years old.



## SPECIAL DELIVERY

The Family Place is dedicated to meeting the unique needs of mothers and babies with family-centered nursing care. More than 1,000 newborns are delivered each year by well-trained, compassionate professionals in a pleasant environment.

Renovations from 2014 make The Family Place feel like a comfortable home away from home. Updates include:

- Wood-based baby bassinets
- Flat-screen televisions
- Comfortable furniture and freshly painted walls
- Individually controlled thermostats
- Updated whirlpool tubs in the birthing rooms
- State-of-the-art nurse call system