



What You Need to Know About Your One-Day Surgery at Evangelical

After successfully completing your required pre-surgical testing, it is important that you follow these additional steps to prepare for your One-Day Surgery at Evangelical.

The Day Before Your Surgery

Please call your surgeon's office to confirm the time you will need to arrive at the Hospital on the day of your surgery. (You will need to arrive two hours before your scheduled procedure.)

The Day of Your Surgery

Remember to arrive two hours before your scheduled procedure.

During this time:

- You'll talk with your anesthesiologist about the anesthetic you will receive
- You'll have an opportunity to see and talk with your surgeon
- Our team will prepare you for your procedure

Other Essential Information About Your Surgery

- You will need a responsible adult to take you to the Hospital, drive you home, and remain with you for 24 hours following your surgery.
- If you are responsible for caring for children, you must arrange for someone else to provide childcare for them outside of the Hospital. Do not bring them to the Hospital with you.
- Do not eat anything after midnight the day of your surgery. You may drink clear liquids until 6 hours prior to your arrival time. Clear liquids include water, tea, black coffee, apple juice, and Gatorade (not red).
- If you smoke, do not smoke the day before or the morning of your surgery.
- Avoid swallowing water while brushing your teeth the morning of your surgery.
- Do not put anything into your mouth such as gum, candy, or tobacco on the morning of your surgery.
- Wear loose-fitting clothing, particularly if your surgery involves your abdomen, legs, or arms.
- Do not wear nail polish, make-up, or jewelry on the day of your surgery.



- Do not bring money or other valuables with you to the Hospital.
- Call your doctor before the day of your surgery if you develop a cold, cough, elevated temperature, or infection.
- Your loved ones may wait for you in the surgical reception area.
- Only two people at a time may visit with you while you are at the Hospital. If you have any questions about your One-Day Surgery at Evangelical, please call 570-522-2624.